## ART OF DEVSING 2025. GENETIC MEMORY-Theatre seminar

3-10.July 2025. Horto (Chorto, Χορτο), Pelion, Greece

In the beautiful seaside village of Horto situated on the natural resort of the peninsula of Pelion, a one week intensive seminar on devising in theatre and dance will led by Sanja Krsmanovic Tasic.

The results of the workshop will be presented as part of the Horto Festival on the 9th of July, in the form of a dance -theatre performance.

Starting with different exercises that warm up the body and develop the physical vocabulary of each individual, the workshop will focus on developing different materials from which a devised performance art piece can be created. The participants will together pass the process of creating physical scores based on personal inner stories, that will be later edited into scenes.

Based on techniques of Eastern European laboratory theatre, and the 20 th Century masters of contemporary theatre and dance (Grotowski, Barba, Biomechanics, physical theatre, Yoshi Oida, Carolyn Carson), different martial art techniques, and also unique theatre/dance techniques developed by Sanja Krsmanovic Tasic after 30 years of dedicated work in the realm of performing art and dance.

The workshop will focus on the "genetic memory", the imprints in us made by the lives of our ancestors. Even though each generation is marked by time it lives in, our bodies remember the patterns, movements and actions of the generations that came before us. We will work on a way of artistically expressing this heritage, in the same time developing self-awareness and defining our role and place as artists in this world and in the 21 st century. We will explore our personal histories as well, the inner landscapes, thus clearing the air for fresh, exciting and new things to come, transforming us on the way.

Please fill in the form: <a href="https://forms.gle/zb8H5BcFQYviPYtZ8">https://forms.gle/zb8H5BcFQYviPYtZ8</a>

## TIMETABLE:

Wednesday, 2.7.2025. arrival of participants 20 h Welcome dinner (Location to be announced) Thursday 3.7.- Tuesday 8.7.

9- 14/15 h workshop with coffee or light lunch break George Hadjinikos Hall **Wednesday 9th of July** 

14-19 h General rehearsal Horto Theatre21h Performance/presentation

Thursday 10.7.

10-12h evaluation and wrap up

The Art of Devising workshop is for directors and actors with experience, and/or for students, teachers and creative drama pedagogues, also for anyone interested to embark with us on this journey of personal revelations and development, as this methodology of work is applicable for all ages. It is a devised theatre and dance workshop that starts from the expression of the body and voice, by defining an important and personal theme for the participants, through researching, developing and creating material that will be shaped into the performance itself, using creative dramaturgy of montage. The level of skill and knowledge is not essential, as the workshop gives space for individual expression, but also a space for challenging personal boundaries and restraints. This multidisciplinary workshop will also include work on creative writing for the performance, site-specific work and also work with rhythm, music and song, to be developed in the final presentation/performance.

Different exercise and training will be used for developing the organic voice and singing as well as work with the body as our instrument of expression. We will work on generating different materials thus creating a meaningful and beautiful performance starting from the participants themselves. We will explore the possibilities of the body, that does not have to be trained to be able to express itself through movement and dance. Any movement can become an action in theatre, any action can become dance. The workshop will dedicate itself to the search of the "dance of the soul", the harmonization of the inner world and listening to the whispers of nature, in search for the clear, true and wondrous expression of each individual.

The five or six hour daily workshop schedule will allow you enough time to explore and enjoy the beautiful beaches of Horto and Pelion, and the natural wonders of the area.

It is necessary to have comfortable clothes that allow movement, socks or soft shoes for indoor activities, sneakers or hiking shoes for outdoor activities, a big towel or shawl for lying down on the ground. Please bring a personal object that has a story behind it.

For more details and information please write to:

uuuartisticutopia@gmail.com or and sanja.k.tasic@gmail.com

Workshop price: 150 euros per person, tuition, plus welcome dinner The distance from Volos to Horto is about 50 km, and you can also use the inter city bus.

Participants will provide food for themselves in the numerous Greek taverns with affordable prices, or can cook in the apartments. Horto and Milina (3 km away) have a number of food shops and bakeries.

More information about Horto and the Festival: www.horto.net

## Sanja Krsmanović Tasić (Sanja K.Tasic)

Theatre director, choreographer, actress, drama and dance pedagoque, producer. She has been formed as an artist by masters of contemporary theatre and dance Torgeir Wethal (Odin Teatret, Denmark), Yoshi Oida (Peter Brook, Japan/France), Gennady Bogdanov (Meyerhold's Biomehanics, Russia), Rena Mirecka and Zigmunt Molik (Grotowski, Poland), Carolyn Carson (USA), Steven Iannacone (USA), Shiro Daimond (France/Japan), Smiljana Mandukić (Serbia), Mira Sanjina (Serbia) and many others. As an acclaimed international expert in the realm of drama/theatre education, devised theatre and dance. Sanja is the author of an original methodology called "ecology of the soul", based on developing creative potentials of each individual through an artistic process. Together with her theatre group and individually, she tours performances and conducts workshops around the globe, also giving lectures and keynotes. A core member, actress and choreographer of the first Serbian theatre laboratory DAH Teatar for more than two decades, and the Program Director of Dah Theatre Research Centre (now DAH Theatre Centre for Culture and Social Change) she was one of the leaders of the International School for Actors and Directors in Belgrade, for more than ten years. She is one of the founders and artistic director of Hleb teatar, and the umbrella association for performing arts Artistic Utopia as well as founder and director of the Children and Youth Theatre Festival Mater Terra and a dance Festival Days of Smiljana Mandukić, dedicated to one of the pioneers of contemporary dance in Yugoslavia. She is the initiator and author of various artistic and education projects, and is developing new forms in theatre, such as an "essay in movement", and documentary dance performance. President of Centre for Drama in Education and Art-CEDEUM, and president of the International Association of Drama/Theatre and Education-IDEA.

www.hlebteatar.com www.ideadrama.org www.cedeum.org